

Becket-Chimney Corners YMCA

Travel and Service Programs – Health Memo

ICEP New Zealand

About the Program

Our partnership in New Zealand is with the Auckland YMCA. This program is based out of the Shakespear Lodge, located on the Hibiscus Coast north of Auckland. Shakespear Lodge operates as a camp and outdoor center during the summer months and becomes vacant during the winter season. ICEP New Zealand participants complete a number of environmental-based service projects in some of the country's regional parks. Past projects have included removing invasive plants, planting trees, and trail work. The group will also work on social service projects including running activities for youth at Shakespear Lodge Holiday Camp and spending time with kids at an after school program through the North Shore YMCA. Participants will explore New Zealand's unique geographical features on two road trips on the north island and also spend time learning about Maori culture and history.

For Physicians:

The following information is to aid you in choosing appropriate care for your patient.

- This individual will be traveling in New Zealand from July 3rd to August 1st, 2024. Based on previous years' itineraries, the program will likely include:
 - 15-17 nights north of Auckland in Whangaparaoa, a coastal community, with day trips to city and rural locations.
 - 3-5 nights traveling throughout the north island with visits to Wellington and Rotorua (city and rural).
 - 2 nights Taipa-Mangonui (far northern tip of North Island)
- Individuals and their families have been directed to information from the CDC and World Health Organization concerning health risks associated with this destination.
- All participants will self-administer their own medications while traveling.
- Program activities will include but are not limited to hiking, swimming (beachfront and/or pools), manual service projects, challenge/ropes course activities and camping.
- Aspects of this program can be emotionally / mentally challenging